## PRIDE SC Winter Training Schedule December 2023

Day, Date	Time	Court 5	Court 6
Sunday, December 3	4:00-5:00pm	2007B-2006B Team	
·	5:00-6:00pm	2009B-2008B Team	
Monday, December 4	5:00-6:00pm	2012G-2010G Team	
,,	6:00-7:00pm	Juniors: 2019-2018 Juniors: 2017	
	7:00-8:00pm	Juniors: 2016-2015	
Tuesday, December 5	4:00-5:00pm	Fitness/Speed High School	
	5:00-6:00pm	•	Session 1 2012-2010
	6:00-7:00pm	Fitness/Speed Session 1 2015-2013	
Wednesday, December 6	5:30-6:30pm	2015B Team	2016B Team
Treamesady, Besember 5	6:30-7:30pm	2014B Team	2013B Team
	7:30-8:30pm		OB Team
Thursday Daggers and 7	F.20 C.20	2014G-2013G Team	
Thursday, December 7	5:30-6:30pm		
	6:30-7:30pm 7:30-8:30pm	2012B Team 2015G Team 2011B Team	
Sunday, December 10	4:00-5:00pm	2007B-2	2006B Team
	5:00-6:00pm	2009B-2008B Team	
Monday, December 11	5:00-6:00pm	2012G-2	2010G Team
,,	6:00-7:00pm	Juniors: 2019-2018	
	7:00-8:00pm	Juniors: 2016-2015	
Tuesday December 12	4.00 5.00000	F11 /C	and Dish Calmad
Tuesday, December 12	4:00-5:00pm	Fitness/Speed High School	
	5:00-6:00pm 6:00-7:00pm	Fitness/Speed Session 1 2012-2010 Fitness/Speed Session 1 2015-2013	
	0.00 7.000	Titile33/3peed 5	56351011 1 2013 2013
Wednesday, December 13	5:30-6:30pm	2015B Team	2016B Team
	6:30-7:30pm	2014B Team	2013B Team
	7:30-8:30pm	2010B Team	
Thursday, December 14	5:30-6:30pm	2015G Team 2014G-2013G Team	
	6:30-7:30pm	2012B Team	
	7:30-8:30pm	2011B Team	
Sunday, December 17	4:00-5:00pm	2007B-2006B Team	
	5:00-6:00pm	2009B-2008B Team	
Monday, December 18	5:00-6:00pm	2012G-2010G Team	
Wionady, December 10	3.00 0.00pm	20120-2	20100 Team
Tuesday, December 19	4:00-5:00pm	Fitness/Speed High School	
	5:00-6:00pm	Fitness/Speed Session 1 2012-2010	
	6:00-7:00pm	Fitness/Speed Session 1 2015-2013	
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Wednesday, December 20	5:30-6:30pm	2015B Team	2016B Team
	6:30-7:30pm	2014B Team	2013B Team
	7:30-8:30pm	2010B Team	
Thursday, December 21	5:30-6:30pm	2015G Team	2014G-2013G Team
marsaay, December 21	6:30-7:30pm		
	7:30-8:30pm	2012B Team	
	7.50-0.50piii	2011B Team	