



## 2024 SUMMER CAMPS

### **PSC JUNIORS Camp: June 10-13 , 6:00-7:30pm**

**Players: U5-U9, Cost: \$70; Director: Kaleb Blevins**

Camp geared toward the youngest players who desire additional training and skill development opportunities. The ideal participant loves the game and wants exposure to higher level coaching. Each training session will focus on improving the individual players' skill and technique with particular importance will be placed on individual skill development and maximizing total touches on the ball. Training topics will include: dribbling, juggling, 1v1 attacking, 1v1 defending, striking, agility, and tactical awareness.

### **PSC STRIKER CAMP: June 24-27 (week 1) and July 8-11 (week 2) 6:00-7:30pm**

**Players: U7-U15, Cost: \$70;**

The focus of the camp will be improving the player's ability to strike the ball properly and cleanly in order to score goals! Players will learn the proper techniques to shoot and finish around the goal and will get plenty of opportunities to practice their techniques during shooting and finishing activities. Players will also be taught how to finish off of crosses, how to curve the ball to score and how to be successful taking free kicks. This camp will benefit all players, no matter normal position or age group since striking the ball is a very important technique for every player at every level.

### **PSC GOALKEEPER CAMPS: Director Trevor Nelson, TJN61582@aol.com**

**Cost : 165.00**

**Hands First Goalkeeper Academy Advanced Bootcamp (U13-U19): June 17th - 20th, 6-8pm.** For experienced keepers, to prepare for the high school and club seasons. This training will provide keepers with conditioning, repetition, and strategy to perform with confidence at a high level. Topics will include advanced shot stopping, diving, breakaways, crossing, positioning, 2nd chance saves and distribution. Camp shirt included. **Camp is limited to 12 Goalkeepers.**

### **Hands First Goalkeeper Academy Intermediate Bootcamp (U11-U12): June 17th - 20th, 6-8pm**

For intermediate level goalkeepers. This training will build on fundamental principles of goalkeeping. Topics include handling, positioning, diving, and distribution. Each player will leave this training with a better understanding of their role as a goalkeeper. Most importantly, they will have fun and gain confidence in their role. Camp shirt included. **Camp is limited to 12 Goalkeepers.**

### **PSC CHAMPIONS LEAGUE CAMP: July 15-18**

**Players: U7-U15; Cost: \$70; Director: Alex Wentz, coachwentz@alexwentz.me**

Players will register as individuals in their current age group and each game they will be matched with a different team and receive points. At the end of the four days, players who finish 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> in their division will be awarded medals! Small sided games assist in all aspects of a player's development, including ball control, decision making, and speed of play. PSC coaches will be on hand to facilitate the games, assist with substitutions, and provide technical and tactical feedback to players. There will be three 25 minute games each night (12 games total). U8, U10, U12, U15 Divisions are expected.

### **PSC FITNESS WITH A BALL, SPEED and AGILITY CAMP: July 22-25, 6:00-7:30pm**

**Players: U7-U15, Cost: \$70; Director: Mark Casperson, coach.casperson@gmail.com**

This camp will be focused on preparing soccer players for the upcoming season by improving their total fitness, as well as speed and agility. The curriculum is designed to improve a player's quickness, explosiveness, and endurance using soccer specific activities. The camp mixes in fitness with fun and is a great way to stay in shape after a long summer and the fall soccer season about to begin! As you move into more competitive soccer it is important to develop your conditioning and overall speed as it can be the difference in winning and losing games.

*IN THE EVENT OF WEATHER THAT CLOSES THE FIELDS, PSC WILL ATTEMPT TO MAKE UP CAMP TIME BY GOING LONGER ANOTHER NIGHT OR POSSIBLY RESCHEULING, BUT PSC CAN NOT GUARANTEE CANCELLED CAMP SESSIONS WILL BE MADE UP IN THEIR ENTIRETY OR THAT ANY REFUNDS WILL BE GIVEN*  
**Camps Locations (Around Canal Winchester or Groveport): CWMS or Walnut Creek Park or Heritage Baptist (TBA)**

***\$10 Discount on Camps when you register before April 30<sup>th</sup>!***

***No refunds after June 1st***

**Register online for all camps at [www.pridesoccerclub.com](http://www.pridesoccerclub.com)**